

FORM 55-102F6

INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection of

for purposes of the administration of the Securities Act, the Government of Canada has the honor to request that you provide the information requested in this form. The information requested is for the purpose of the administration of the Securities Act and is not to be used for any other purpose. The information requested is for the purpose of the administration of the Securities Act and is not to be used for any other purpose.

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a required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration of the Securities Act, the Government of Canada has the honor to request that you provide the information requested in this form. The information requested is for the purpose of the administration of the Securities Act and is not to be used for any other purpose. The information requested is for the purpose of the administration of the Securities Act and is not to be used for any other purpose.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP.

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER

DATE OF LAST REPORT FILED

CHANGE IN RELATIONSHIP FROM LAST REPORT

YES

NO

DAY / MONTH / YEAR

13/01/04

DAY / MONTH / YEAR

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER

YES

NO

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME

DOWNING

GIVEN NAMES

TARYN RAE

STREET

1104 PREMIER ST.

CITY

NORTH VANCOUVER

PROV.

BC

POSTAL CODE

V7J 2H3

BUSINESS TELEPHONE NUMBER

604-1685-1187

TELEPHONE NUMBER FROM LAST REPORT

604-1685-1655

YES

NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

☒ ALBERTA

☒ ONTARIO

☒ BRITISH COLUMBIA

☐ QUEBEC

☐ MANITOBA

☐ SASKATCHEWAN

☐ NEWFOUNDLAND

☐ NOVA SCOTIA

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, B, C, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

A

DESIGNATION OF CLASS OF SECURITIES

Options

Warrants

Common

BALANCE OF CLASS OF SECURITIES ON LAST REPORT

1916000

7324

25947

B

DATE DAY / MONTH / YEAR

22/01/04

22/01/04

21/01/04

21/01/04

NATURE

SH

SH

IO

IO

NUMBER/VALUE ACQUIRED

7324

7324

3000

7917

NUMBER/VALUE DISPOSED OF

7324

7324

3000

7917

UNIT PRICE/ EXERCISE PRICE

0.60

0.60

1.02

1.01

PRESENT BALANCE OF CLASS OF SECURITIES HELD

1916000

7324

30271

22324

IDENTIFY THE REGISTERED OWNERSHIP CONTROL OR DIRECTION IS EXERCISED

T. Downing

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BOX 6. REMARKS

FEB 09 2004

THOMSON FINANCIAL

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ☒ ENGLISH ☐ FRENCH

KEEP A COPY FOR YOUR FILE

RCSC 55-102F6 Rev. 2001 / 6 / 25

VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)

TARYN DOWNING

SIGNATURE

TARYN DOWNING

DATE OF THE REPORT

02/02/04

DAY / MONTH / YEAR

FORM 55-102F6

INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Québec, Nova Scotia and Newfoundland. Some of the required information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP.

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER

14 15 16 17

DATE OF LAST REPORT FILED

OR

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER

DAY / MONTH / YEAR

22/01/04

DAY / MONTH / YEAR

22/01/04

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME

BARR

GIVEN NAMES

HARRY

STREET

2303 WEST 41ST AVENUE

APT

CITY

VANCOUVER

PROV

BC

POSTAL CODE

N6M2A3

BUSINESS TELEPHONE NUMBER

604-1-685-1870

BUSINESS FAX NUMBER

604-1-685-16550

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT

YES ☐ NO ☐

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

☒ ALBERTA☒ ONTARIO☒ BRITISH COLUMBIA☐ QUÉBEC☐ MANITOBA☐ SASKATCHEWAN☐ NEWFOUNDLAND☐ NOVA SCOTIA

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A), (B) AND (C) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

(A)

DESIGNATION OF CLASS OF SECURITIES

Private Options (30000)

Options 967000

Options 80000

Warrants 7324

Common 24647

Common 327500

(B)

BALANCE OF CLASS OF SECURITIES ON LAST REPORT

30000

967000

80000

7324

24647

327500

(C)

TRANSACTIONS

DATE

NATURE

NUMBER/VALUE ACQUIRED

NUMBER/VALUE DISPOSED OF

UNIT PRICE/ EXERCISE PRICE

\$ US

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

DAY / MONTH / YEAR

(D)

FREQUENCY OF CLASS OF SECURITIES HELD

30000

967000

80000

7324

24647

327500

222600

(E)

DIRECT/INDIRECT OWNERSHIP

11

24

11

11

11

24

24

(F)

IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS REPORTED OR WHERE CONTROL OR INFLUENCE IS EXERCISED

H. Barr

Cdn Gravity

H. Barr

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

Cdn Gravity

BOX 6. REMARKS

ATTACHMENT ☒ YES ☐ NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ☒ ENGLISH ☐ FRENCH

KEEP A COPY FOR YOUR FILE

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)

HARRY BARR

SIGNATURE

HARRY BARR

DAY / MONTH / YEAR

02/02/04

DATE OF THE REPORT

INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP.

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER

14 15 16 17 18 19 20

DATE OF LAST REPORT FILED

OR

DATE ON WHICH YOU BECAME AN INSIDER

CHANGE IN RELATIONSHIP FROM LAST REPORT

YES

NO

DAY / MONTH / YEAR

23/01/04

DAY / MONTH / YEAR

23/01/04

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME

BARR

GIVEN NAMES

HARRY

STREET

2303 WEST 41ST AVENUE

APT

CITY

VANCOUVER

PROV

BC

BUSINESS TELEPHONE NUMBER

604-1685-1870

BUSINESS FAX NUMBER

604-1685-16550

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT

YES

NO

POSTAL CODE

V6M2A3

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

☒ ALBERTA☒ ONTARIO☒ BRITISH COLUMBIA☐ QUEBEC☐ MANITOBA☐ SASKATCHEWAN☐ NEWFOUNDLAND☐ NOVA SCOTIA

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A), (B), (C), (D), (E) AND (F) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

(A)

DESIGNATION OF CLASS OF SECURITIES

Common

(B)

BALANCE OF CLASS OF SECURITIES ON LAST REPORT

701834

(C) TRANSACTIONS

NATURE NUMBER/VALUE ACQUIRED NUMBER/VALUE DISPOSED OF UNIT PRICE/ EXERCISE PRICE \$ US

DATE DAY / MONTH / YEAR

23/01/04

26/01/04

(D)

PRESENT BALANCE OF CLASS OF SECURITIES HELD

1693334

593334

(E)

DIRECT/INDIRECT OWNERSHIP CONTROL OR INTEREST

b1

b2

(F)

IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INTEREST OR WHERE CONTROL OR INTEREST IS EXERCISED

29302036444

18

BOX 6. REMARKS

ATTACHMENT ☐ YES ☒ NO

Pg 2052

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CORRESPONDENCE ☒ ENGLISH ☐ FRENCH

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BOX 7. SIGNATURE

HARRY BARR

SIGNATURE

[Signature]

DATE OF THE REPORT

DAY / MONTH / YEAR

02/02/04

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