INSIDER REPORT

(See instructions on the back of this report)

Where freedom of information is in force in the jurisdiction where this form is filed: The personal information requested on this form is collected under the authority and used for the purposes of administering the *Cooperative Credit Associations Act, Insurance Companies Act, Trust and Loan Companies Act* and *Canada Business Corporations Act*. Under the CBCA the information provided is public information. While the federal *Privacy Act* protects personal information provided, it also permits public disclosure pursuant to section 266 of the CBCA. All information contained in this form will be stored in personal information bank number CCA/P-PU-092. In British Columbia, if you have questions about how the freedom of information legislation applies to the information collected on this form, call the Manager, Public Information and Records at (604) 660-4827 or write the Manager, 1100-865 Hornby Street, Vancouver, B.C. V6Z 2H4.

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BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

TNR RESOURCES LTD.

BOX 2. INSIDER DATA

SUPPL 82-4434

RELATIONSHIP(S) TO REPORTING ISSUER: [ ] [ ] [ ] [8]

DATE OF THIS REPORT FILED: DAY 09 MONTH 08 YEAR 01

CHANGE IN RELATIONSHIP FROM LAST REPORT: [ ] YES [X] NO

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER: DAY MONTH YEAR

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME: SCHELLENBERG

GIVEN NAMES: GARY

NO. STREET: 650 W. GEORGIA STREET APT: SUITE 620

CITY: VANCOUVER PO Box 11604

PROV.: B.C. POSTAL CODE: V6B 4N9

BUSINESS TELEPHONE NUMBER: 604 - 687 - 7551

BUSINESS FAX NUMBER: 604 - 687 - 4670

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: [ ] YES [X] NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

- [ ] ALBERTA
- [X] BRITISH COLUMBIA
- [ ] FEDERAL
  - [ ] BANK ACT
  - [ ] CCAA
  - [ ] ICA
  - [ ] TLCA
  - [ ] CBCA
- [ ] MANITOBA
- [ ] NEWFOUNDLAND
- [ ] NOVA SCOTIA
- [ ] ONTARIO
- [ ] QUEBEC
- [ ] SASKATCHEWAN
- [ ] UNITED STATES
  - [ ] NASDAQ
  - [ ] SEC

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A) (D) (E) AND (F) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

(A) DESIGNATION OF CLASS OF SECURITIES	(B) BALANCE OF CLASS OF SECURITIES ON LAST REPORT	(C) TRANSACTIONS: DATE DAY	MONTH	YEAR	NATURE	NUMBER/VALUE ACQUIRED	NUMBER/VALUE DISPOSED OF	UNIT PRICE OR EXERCISE PRICE	$ US	(D) PRESENT BALANCE OF CLASS OF SECURITIES HELD	(E) DIRECT/INDIRECT OWNERSHIP/ CONTROL OR DIRECTION	(F) IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED
Common.	85643.	20	12	01	10	38000				123643	~~D~~	
Common.	24									24	I	CST 1519820.
Options	469189									460189	~~D~~	

PROCESSED FEB 25 2002 THOMSON FINANCIAL

ATTACHMENT [ ] YES [ ] NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts, *Bank Act, Cooperative Credit Associations Act, Insurance Companies Act, Trust and Loan Companies Act* and *Canada Business Corporations Act*. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE [X] ENGLISH [ ] FRENCH

KEEP A COPY FOR YOUR FILE

FIN 2035 Rev. 95 / 2 / 22 H.B. — 184 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

BOX 6. REMARKS

17500 shrs in escrow — options - 132189 exc. @ $0.23 exp. 30 AUG 02
indirect - CST - 24 — 228,000 — $0.15 — 02 JAN 03
519 820 - ~~D~~ — 100 000 — $0.12 — 13 MAR 03

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to file a report that, at the time and in the light of the circumstances in which it is made, contains a misrepresentation.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS): GARY SCHELLENBERG

SIGNATURE:

DATE OF THE REPORT: DAY 10 MONTH 01 YEAR 02

UNITED STATES SECURITIES EXCHANGE COMMISSION
FILE No. 82-4434